

NC Medicaid and NC Health Choice  
Pharmacy Prior Approval Request for  
**Hetlioz/Hetlioz LQ**



**Beneficiary Information**

1. Beneficiary Last Name: \_\_\_\_\_ 2. First Name: \_\_\_\_\_  
3. Beneficiary ID #: \_\_\_\_\_ 4. Beneficiary Date of Birth: \_\_\_\_\_ 5. Beneficiary Gender: \_\_\_\_\_

**Prescriber Information**

6. Prescribing Provider NPI #: \_\_\_\_\_  
7. Requester Contact Information - Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Ext. \_\_\_\_\_

**Drug Information**

8. Drug Name: \_\_\_\_\_ 9. Strength: \_\_\_\_\_ 10. Quantity Per 30 Days: \_\_\_\_\_  
11. Length of Therapy (In days): Initial Request:  up to 30 Days  60 Days  90 Days  
Re-authorization:  up to 30 Days  60 Days  90 Days  120 Days  180 Days

**Clinical Information**

**HETLIOZ (complete questions 1-5 for Helioz)**

1. Is the beneficiary 18 years old or older?  Yes  No
2. Does the beneficiary have a documented diagnosis of Non-24 sleep-wake disorder?  Yes  No
3. The diagnosis of Non-24 sleep-wake disorder is confirmed by meeting ONE of the following conditions:
  - Assessment of at least one physiologic circadian phase marker (e.g., measurement of urinary melatonin levels, dim light melatonin onset [as measured in blood or saliva], assessment of core body temperature
  - Assessment of at least one physiologic circadian phase marker cannot be done, the diagnosis must be confirmed by actigraphy performed for >= 1 week plus evaluation of sleep logs recorded for >= 1 month
4. Is the beneficiary 16 years old or older?  Yes  No
5. Does the beneficiary have a diagnosis of nighttime sleep disturbances in Smith-Magenis Syndrome (SMS)?  
 Yes  No

**HETLIOZ LQ (complete questions 6-7 for Hetlioz LQ)**

6. Is the beneficiary between 3 years and 15 years of age?  Yes  No
7. Does the beneficiary have a diagnosis of nighttime sleep disturbances in Smith-Magenis Syndrome (SMS)?  Yes  No

**Hetlioz and Hetlioz LQ: (complete questions 8-9)**

8. Has the beneficiary had an insufficient response or intolerance to at least two (2) other medications for sleep? (can be over-the-counter or prescription)  Yes  No
9. Is this medication being prescribed by, or is the physician consulting with, a physician who specialized in the treatment of sleep disorders?  Yes  No

**Re-authorization for Hetlioz and Heltioz LQ: (complete questions 10-11)**

10. Has the beneficiary used Hetlioz/Hetlioz LQ continuously without gaps in treatment for the initial approval period of three (3) months?  Yes  No
11. As the provider, have you included an objective evaluation of the beneficiary's sleep quality, including documentation of an improvement in overall sleep quality while taking Hetlioz/Hetlioz LQ?  Yes  No

**\*\*Documentation of the beneficiary's overall sleep quality improvement must accompany this reauthorization for Hetlioz/Hetlioz LQ. \*\***

Signature of Prescriber: \_\_\_\_\_ Date: \_\_\_\_\_

**(Prescriber Signature Mandatory)**

I certify that the information provided is accurate and complete to the best of my knowledge, and I understand that any falsification, omission, or concealment of material fact may subject me to civil or criminal liability.